

February is:
National Chocolate Lovers Month




February 2012

Activities Calendar

Tames Alan's Spice of life presentation!
Thursday, February 23 at 1:30 pm in the Assembly Hall

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|--|---|
| <p>MEDICAL APPOINTMENT TRANSPORTATION DAY Every Tuesday 8:30 am-3:30 pm Please sign up 24 hours in advance in the Andrews library.</p> | <p>For computer problems: Call the Wesley Homes Help Desk at (206) 870-1218.</p> <p>Resident Woodshop Open Wednesdays 10:00 am -2:00 pm Come down to watch!</p> | | <p>1</p> <p>9:15 Cardio Circuit (F) 10:00 Crafters (C) 10:00 Bible Study w/ Chaplain Dave (S) 10:00 Core Strength (F) 10:30 Pinnacle Circuit (F) 11:15 Chair Exercises (F) 12:00 Water Walking (P) 1:00 Bridge (FS) 1:00 Rummikub (G) 2:00 Bingo w/ Ila (A) 3:00 Miracle Ear Service (M) 3:15 Sing Along Group (A)</p> | <p>2</p> <p>9:15 Water Aerobics Class (P) 10:00 Shop Fred Meyers (*) 10:15 C.A. Circuit (F) 10:30 C. A. B. P. Clinic (M) 11:00 Super Senior Strength (F) 11:30 Pilates (F) 12:00 Tai Chi w/ CeCe (F)</p> | <p>3</p> <p>9:15 Cardio Circuit (F) 10:15 Flexibility (F) 11:15 Chair Exercises (F) 1:00 Court Whist (FS) 1:00 "The Help" Movie & Popcorn (T) 7:00 Movie 2nd showing (CC) (T)</p> | <p>4</p> <p>10:00 Billiards (G) 1:00 Bridge (FS) 1:00 "The Stork Club" Movie (T) 7:00 Movie 2nd Showing (CC) (T)</p> |
| <p>Super Bowl Sunday 5 2:30 Cribbage (G) 6:30 Sunday Worship w/ Communion (B)</p> | <p>6</p> <p>9:15 Cardio Circuit (F) 10:15 Flexibility (F) 10:30 Resident Directory Photo Shoot (G) 10:30 C. A. B. P. Clinic (M) 11:00 Chime Choir Prac. (A) 11:15 Chair Exercises (F) 1:00 Line Dance (F) 1:00 Mahjong (FS) 2:00 Bingo w/ Ila (A) 3:00 Barbershop Practice (A) 6:30 Pinochle (G)</p> | <p>7</p> <p>9:15 Water Aerobics Class (P) 10:00 Catholic Communion (A) 10:15 C.A. Circuit (F) 11:00 Super Senior Strength (F) 11:30 Core Strength (F) 12:00 Tai Chi w/ CeCe (F) 1:00 Fun w/ Threads (FS) 1:00 Scribblers Ed. (H) 2:00 Mexican Dominoes (G)</p> | <p>8</p> <p>9:15 Cardio Circuit (F) 10:00 Crafters (C) 10:00 Bible Study (S) 10:00 Core Strength (F) 10:30 Pinnacle Circuit (F) 11:15 Chair Exercises (F) 12:00 Water Walking (P) 1:00 Bridge (FS) 1:00 Rummikub (G) 2:00 Bingo w/ Ila (A) 3:15 Sing Along Group (A)</p> | <p>9</p> <p>9:15 Water Aerobics Class (P) 10:00 Shop Fred Meyers w/ Errands (*) 10:15 C.A. Circuit (F) 10:30 C. A. B. P. Clinic (M) 11:00 Super Senior Strength (F) 11:30 Pilates (F) 12:00 Tai Chi w/ CeCe (F) 2:00 Towne Meeting w/ Scott (A) 3:00 Happy Hour (JC)</p> | <p>10</p> <p>9:15 Cardio Circuit (F) 10:00 Trip South Center & Lunch (*) 10:15 Flexibility (F) 11:15 Chair Exercises (F) 1:00 Court Whist (FS) 1:00 "The Adjustment Bureau" Movie & Popcorn (T) 7:00 Movie 2nd showing (CC) (T)</p> | <p>11</p> <p>10:00 Billiards (G) 1:00 Bridge (FS) 1:00 "Rango" Movie (T) 7:00 Movie 2nd Showing (CC) (T)</p> |
| <p>12</p> <p>2:30 Cribbage (G) 6:30 Sunday Worship (B)</p> | <p>13</p> <p>9:15 Cardio Circuit (F) 10:15 Flexibility (F) 10:30 C. A. B. P. Clinic (M) 11:00 Chime Choir Practice (A) 11:15 Chair Exercises (F) 1:00 Off Campus Walk (*) 1:00 Mahjong (FS) 2:00 Bingo w/ Ila (A) 3:00 Barbershop Practice (A) 6:30 Pinochle (G)</p> | <p>Valentine's Day 14</p> <p>9:15 Water Aerobics Class (P) 10:00 Catholic Communion (A) 10:15 C.A. Circuit (F) 11:00 New Res. Orient. (H) 11:00 Super Senior Strength (F) 11:30 Core Strength (F) 12:00 Tai Chi w/ CeCe (F) 1:00 Fun w/ Threads (FS) 1:00 Scribblers Ed. (H) 1:30 Senior Valentines Dance at G.R.C.C. (*) 2:00 Mexican Dominoes (G)</p> | <p>15</p> <p>9:15 Cardio Circuit (F) 10:00 Crafters (C) 10:00 Bible Study (S) 10:00 Core Strength (F) 10:30 Pinnacle Circuit (F) 11:15 Chair Exercises (F) 12:00 Water Walking (P) 1:00 Bridge (FS) 1:00 Rummikub (G) 2:00 Bingo w/ Ila (A) 3:15 Sing Along Group (A)</p> | <p>16</p> <p>9:15 Water Aerobics Class (P) 10:00 Shop Fred Meyers (*) 10:15 C.A. Circuit (F) 10:30 C. A. B. P. Clinic (M) 11:00 Super Senior Strength (F) 11:30 Pilates (F) 12:00 Tai Chi w/ CeCe (F) 2:00 Mardi Gras Themed Monthly Birthday Celebration w/ Music by The Double Barr Band (A)</p> | <p>17</p> <p>9:15 Cardio Circuit (F) 10:00 (*) 10:15 Flexibility (F) 11:15 Chair Exercises (F) 1:00 Court Whist (FS) 1:00 "Win Win" Movie & Popcorn (T) 1:30 Trip to The White River Valley Museum "Best Friends Exhibit" (*) 7:00 Movie 2nd showing (CC) (T)</p> | <p>18</p> <p>10:00 Billiards (G) 1:00 Bridge (FS) 1:00 "Pay It Forward" Movie (T) 7:00 Movie 2nd Showing (CC) (T) 4:00-6:30 Smorgasbord (Hoben Dining Rom)</p> |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|---|---|--|
| 19 1:00 Transportation to The Auburn Symphony (*) 2:30 Cribbage (G) 6:30 Sunday Worship (B) | 20 9:15 Cardio Circuit (F) 10:00 Book Club (JC) 10:15 Flexibility (F) 10:30 C. A. B. P. Clinic (M) 11:00 Chime Choir Practice (A) 11:15 Chair Exercises (F) 1:00 Mahjong (FS) 2:00 Bingo w/ Ila (A) 3:00 Barbershop Practice (A) 6:30 Pinochle (G) | 21 9:15 Water Aerobics Class (P) 10:00 Catholic Communion (A) 10:00 Visiting Library (FS) 10:15 C.A. Circuit (F) 11:00 Apple Computer Users Group (A) 11:00 Super Senior Strength(F) 11:30 Core Strength (F) 12:00 Tai Chi w/ CeCe (F) 1:00 Fun w/ Threads (FS) 1:00 Scribblers Ed. (H) 2:00 Mexican Dominoes (G) | 22 9:15 Cardio Circuit (F) 10:00 Crafters (C) 10:00 Bible Study w (S) 10:00 Core Strength (F) 10:30 Pinnacle Circuit (F) 11:15 Chair Exercises (F) 1:00 Bridge (FS) 1:00 WHLH Campaign Information Meeting (A) 1:00 Rummikub (G) 2:30 Bingo w/ Ila (A) 3:30 Sing Along Group (A) 8:00-10:00 Omelet Bar (Hoben Dining Room) | 23 9:15 Water Aerobics Class (P) 10:00 Shop Fred Meyers w/ Errands(*) 10:15 C.A. Circuit (F) 10:30 C. A. B. P. Clinic (M) 11:00 Super Senior Strength (F) 11:30 Pilates (F) 12:00 Tai Chi w/ CeCe (F) 1:30 Tames Alan Presents The Spice of Life (A) 3:00 Life Line Telephone Training (S) | 24 8:00 Men's Breakfast (*) 9:15 Cardio Circuit (F) 10:15 Flexibility (F) 11:15 Chair Exercises (F) 1:00 Court Whist (FS) 1:00 "Crazy Stupid Love" Movie & Popcorn (T) 7:00 Movie 2nd showing (CC) (T) 10:00-3:30 Resident Show n Tell (A) | 25 10:00 Billiards (G) 1:00 Bridge (FS) 1:00 "Dangerous When Wet" Movie (T) 7:00 Movie 2nd Showing (CC) (T) |
| 26 2:30 Cribbage (G) 4:00 Berit Ballard Music Studio Concert (FS) 6:30 Sunday Worship (B) | 27 9:15 Cardio Circuit (F) 10:15 Flexibility (F) 10:30 C. A. B. P. Clinic (M) 11:00 Chime Choir Practice (A) 11:15 Chair Exercises (F) 1:00 Latin Dance (F) 1:00 Mahjong (FS) 2:00 Bingo w/ Ila (A) 3:00 Barbershop Practice (A) 6:30 Pinochle (G) | 28 9:15 Water Aerobics Class (P) 10:00 Catholic Communion (A) 10:15 C.A. Circuit (F) 11:00 Super Senior Strength(F) 11:30 Core Strength(F) 12:00 Tai Chi w/ CeCe (F) 1:00 Fun w/ Threads (FS) 1:00 Scribblers Ed. (H) 1:00 Scribblers Group (H) 2:00 Mexican Dominoes (G) 6:30 Scrabble (G) | 29 9:15 Cardio Circuit (F) 10:00 Bible Study (S) 10:00 Core Strength (F) 10:30 Pinnacle Circuit (F) 11:15 Chair Exercises (F) 12:00 Water Walking (P) 1:00 Bridge (FS) 1:00 Rummikub (G) 2:00 Bingo w/ Ila (A) 2:00 Crafters in The Arbor 3:00 Genealogy (S) 3:15 Sing Along Group (A) 8:00-10:00 Omelet Bar (Hoben Dining Room) |  | Wesley Homes Lea Hill In-House Bank: Columbia Bank Open Tuesdays 9:30-11:30 am Nail Care by Sheila Winters Every Tuesday and every other Friday. 10:00 am to 2:00 pm Sharrard Room | <div style="border: 1px dashed black; padding: 10px;"> <p style="font-size: 1.2em; margin: 0;">50 ¢ OFF</p> <p style="margin: 0;">Your next Deli Sandwich</p> <p style="margin: 0;"><i>Expires 2/29/12</i></p> </div> |
| First floor (*) Lobby (FS) Fireside Room (L) Library | First floor (F) Fitness Center (P) Swimming Pool (D) Norma's Deli | First floor (M) McGilliard Con. Room (H) Holman Con. Room (G) Game Room | Second floor (T) Theater (JC) Johns Club (A) Assembly Hall | Second floor (B) Chapel (K) Klopfenstein Dining Room | Third Floor (C) Craft Room (S) Sharrard Room (CA) Club Affinity | <i>C. A. B. P. =Club Affinity Blood Pressure Clinic</i> (CC) Closed Captioning (CP) Car Pool |